

**Lake Cumberland Area Development District  
Board of Directors Meeting Minutes  
Thursday, May 23, 2024 @ 11:00 am CST (12:00 pm ET)**

**Call to Order**

Mayor Eddie Thomas, Chairperson called the meeting to order at 11:00 am CT in the large conference room of the LCADD in Russell Springs, Kentucky. This meeting was held in-person as well as by Zoom.

**Opening Prayer**

Prayer was given by Judge-Executive Jimmie Greene.

**Pledge of Allegiance**

Mr. Waylon Wright, Executive Director led the Pledge of Allegiance.

**Roll Call**

Ms. Ronda Abrell, Assistant gave the roll call. A quorum was established.

**Approval of Minutes**

Chairman Thomas asked for a motion to approve the minutes. Motion to approve was made by Judge Barry Smith. Seconded by Judge Randy Marcum. All in Favor. Motion Carried.

**Seating of Citizen Member**

Chairman Thomas stated that Russell County along with the City of Jamestown and the City of Russell Springs has approved to place Mr. Gary Robertson as a Citizen Member representing Russell County. Chairman Thomas asked for a motion to approve the seating of Mr. Robertson. Mr. Allan Chapman made a motion to approve. Seconded by Ms. Sharon Payne. All in Favor. Motion Carried.

**Area Agency on Aging Presentation**

Ms. Lyndsey Brown, Deputy Executive Director/CED Director stated that the Lake Cumberland Area Development District is celebrating Older Americans Month (OAM) then presented a PowerPoint Presentation on subjects as follows: History of OAM, OAM specifically in the Lake Cumberland Region with the region's total population of those aged 60 and older being 54,662. 26.4% is 60 and older, 19% low-income seniors, 3.7% of seniors are minorities, 13.4% have severe disabilities, 24.2% are isolated or living alone, 2.4% of grandparents or other older relatives are raising children under the age of 18. Ms. Brown reported on services that LCADD offers for older Americans such as Lake Cumberland Agency of Aging & Independent Living (LCAAIL), Area Aging Council, Long-term Care Ombudsman, Aging and Disability Resource Center (ADRC), Homecare Program, Family Caregiver Programs, State Health Insurance Assistance Program (SHIP), and Senior Centers.

Ms. Brown reported on a Healthy Elderly Living Project that LCADD partnered with the Lake Cumberland Housing Agency and the Pulaski County Fiscal Court to acquire and renovate a 43-unit senior housing complex (Plum Tree Apartments) in Somerset. This housing complex offers superior living conditions and ensures affordability for low-income elderly tenants. LCADD partnered with the Housing Assistance Council (HAC) to create a replicable model of the pilot program by producing an Inventory Analysis of Federally Assisted Housing in Appalachian Eastern Kentucky, a Feasibility Study, and a Business Plan. LCADD's HELP Model was one of 107 projects across 28 states chosen to receive a 2023 NADO Aliceann Wohlbruck Impact Award. This award honors NADO members for creative approaches to advancing regional economic development and improving quality of life.

### **Guest Speakers**

Chairman Thomas introduced Ms. Sherry Culp, State Long Term Care Ombudsman. Ms. Culp thanked the LCADD for all the programs, outreach help, and assistance that is given for our regions older Americans. Ms. Culp stated that Ombudsman Program officially began in 1972 with the focus on helping residents of long-term care facilities solve problems and concerns that may be experienced while living in nursing homes, personal care homes, family care homes or assisted living facilities. Ms. Culp reported that Ombudsman work with legislation and comment on the Older Americans Act that requires system advocacy talking about what Bills are good for or may harm or help older Americans and let their voices to be carried forward. With much more information and many comments given; Chairman Thomas thanked Ms. Culp for joining us.

### **Director's Report**

Mr. Waylon Wright reported on the items listed below:

- Healthy Elderly Living Project in Pulaski County and the follow-up Feasibility Study that was funded by USDA; that study showed that we can work with partners in locating properties and replicate projects to provide healthy elderly living. Anytime that we can take aged housing units and modify as an elderly living unit. We generate a huge positive impact on elderly tax payers, other tax payers, and our state government.
- We've been in talks with Lake Cumberland Community Action this year and have shared interest in a project in Pulaski County
- This years Legislature passed HB723. This \$200,000,000.00 grant program is all State money to fund those project that you would want to do as a public benefit and you're looking for match money. If you're applying for a federal grant; in most cases a city council, fiscal court, or nonprofit charitable organization should score pretty good. Through engagement with you all we are aware of a lot of projects you're interested in although, we will continue to reach out. We want to make sure each city and county has an opportunity to apply for and submit at least one application.
- We have recently received a phone call from Sam Flynn, Executive Director Office of Medical Cannabis in Frankfort. A year ago, the Governor signed Senate Bill 47 that legalized medical cannabis. Mr. Flynn is will be visiting the LCADD to talk about the regulations that are in place and provide some education on medical

cannabis. That will be held here in the large conference room on Monday, July 1<sup>st</sup> at 9:30 am C.T. This meeting will be held in person, as well as by Zoom for those of you who may not be able to attend. A Zoom link will be sent at a later date.

- During the Legislature Secession the legislation put in \$20mil for a new workforce program. This is State money that will be used for youth activities for 16-24-year-olds. This will be a huge opportunity for us in this region, as well as all across the state. Thank you to Ms. Myra Wilson, Director of Cumberland Workforce Development Board for reaching out to nearly every legislator and for making this happen.
- LCADD will begin providing Veteran Directed Services (VDS) in Kentucky. LCADD has worked an agency in Tennessee, very similar to our agency, that has provided VDS for the past few years. A special thanks to Ms. Tonya Bloyd, Director of Aging and Independent Living and Ms. BJ Taylor, Veteran Directed Care Coordinator/PDS Service Advisor in position at LCADD to help provide those services to our Veterans here in Kentucky.

### **Other Business**

Chairman Thomas introduced Mr. Scott Surber, Center for Rural Development, Ms. Mary Carter Barton, Field Rep. for James Comer's office, Mr. Brian Mills, Field Rep. Senator Rand Paul's office, Mr. Will Clem, Field Rep. for DLG, Mr. Shane Baker, State Representative.

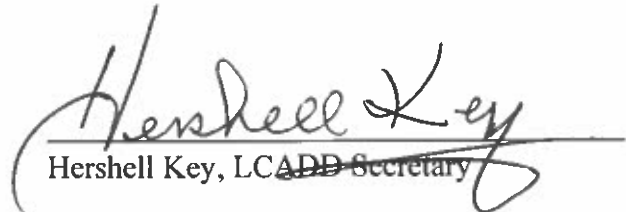
Cumberland County Judge-Executive Luke King brought four guests from an Internship Program with him representing one of the first of Cumberland County's civic clubs. Judge King introduced Civics Club Judge Ms. Sadie Arterburn, Civics Club EM Director Tyler Thacker, Civics Club Magistrate Evan Stotts, and Civics Club Communications Director Taylor Craig.

With no other business Chairman Thomas asked for a motion to adjourn at 12:10 pm. Motion to adjourn was made by Judge Randy Marcum. Seconded by Mr. Curtis Hardwick. All in Favor. Motion Carried.



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Mayor Eddie Thomas, LCADD Chairman



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Hershell Key, LCADD Secretary